



**Alvin Quah**

*Certified Master Teambuilding Trainer (ITBAS)*  
*Certified NLP Trainer (ABNLP),*  
*Certified NLP Coach Trainer (ABNLP),*  
*Certified Time Line Therapy® Trainer (TLTA)*  
*Certified Behavioural Analyst (IML)*

Alvin's fervour for helping both individuals and teams reach their goals, led him to venture into a professional training and coaching career, where he can continually fuel this passion. He played a pivotal role in establishing 2 training companies – one in Singapore in 2003, and another in Hong Kong in 2008.

Over the years, he has had the opportunity to train or consult in Hong Kong, Macau, Singapore, and various cities in the following countries: China, India, Thailand, Malaysia and Indonesia. Alvin has assisted a myriad of local and multi-national organisations, with group sizes spanning from as intimate as five participants, to a few hundred participants per session. His vast experience is garnered from working with participants in diverse positions ranging from rank-and-file staff to CEOs, COOs & CFOs, and including participants from America, Australia, Austria, China, France, Germany, Holland, Hong Kong, India, Indonesia, Japan, Korea, Myanmar, Philippines, Thailand, U.S.A., Vietnam and other parts of the world.

Alvin has had the opportunity to conduct training for an extensive range of industries including energy, logistics, FMCGs, manufacturing, pharmaceutical, banking, non-profit organisations, and government sectors. Some of the clients include APEC Secretariat (Asia Pacific Economic Cooperation), AXA Insurance, Bayer, Coca-Cola, Deutsche Bank, FrieslandCampina, Schneider Electric, Yahoo!, Mondelēz and VISA.

With his dedicated team of like-minded co-workers, Alvin has designed indoor training programmes and outdoor teambuilding activities, which are immensely popular with and well received by corporations like CapitaLand, Citibank and Hewlett Packard, and Singapore government agencies like Civil Service College and the Ministry of Defence. Training topics covered include using Neuro-Linguistic Programming, (NLP) in sales, presentation, negotiation, problem solving, coaching, teambuilding, motivation, change management and DISC personality styles.

Besides holding a Bachelor of Accountancy degree from Nanyang Technological University, Singapore, Alvin is also one of the first few individuals in Singapore to be conferred the *Certified Behavioural Analyst (advance qualification)* certification by the world's largest publisher of customised behavioural and motivational resources, the Institute for Motivational Living, Inc. As such, he is fully qualified and authorised to administer, score and interpret the profile instruments of The Personality System™ in the provision of consulting, of training and general counsel.



Company Registration No. 200403896W

He also conducts certification courses to certify NLP Practitioners, NLP Coaches, Time Line Therapy® practitioners and Teambuidling Facilitators. Alvin is a Certified Trainer registered member with ABNLP (American Board of Neuro-Linguistic Programming), TLT (Time Line Therapy® Association), and a Master Teambuilding Trainer registered with the International Team Building Association (ITBAS). NLP techniques have been widely used in negotiation, behavioural change, performance enhancement and coaching, while Time Line Therapy® techniques are extremely useful in dealing with removing negative emotions and limiting beliefs.

Alvin's expertise in human behaviour renders him the ability to help others maximise strengths and minimise weaknesses, enhance communication and relationships, and develop focused and motivated teams.

His informal approach allows participants to relax and shed their inhibitions during training sessions. His methodology of experiential learning further instils the intended learning values, so participants take away a richer and more gratifying retrospection of the session.

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